

John 6:24–69 Sermon-Based Discussion Guide

Purpose of Discussion: To draw us to believe in Jesus himself as what will satisfy and feed us for real life.

Sermon Refresher: The question we all face is where we will find satisfaction for our hearts. If we're "following" Jesus, what are we following him for? And what will we do with what we find? Three points help us unpack that and understand Jesus' words in John 6.

- What do you want most from God?
- Jesus says you gotta eat if you're going to believe.
- Where else will you go?

Discussion:

1. What's your most frequent prayer request? When you talk to God, what do you typically talk to him about?
2. Read John 6:28–29. How does Jesus' answer about what God requires differ from our typical mind-set?
3. Dave said in his sermon, "It's not that Jesus *has* the bread of life—it's that he *is* the bread of life." What's the difference between the two?
4. Jesus uses eating in this chapter as a metaphor (a word picture) for believing. In v.40 he says "everyone who looks to the Son and believes in him shall have eternal life." Similarly, in v.47 he says, "the one who believes has eternal life." So with that in mind, let's read John 6:50–51. And we'll ask, Why do we have to eat the bread? What does that add to how we understand this and relate to Jesus?
5. We're tempted to eat the wrong things. We feed on the wrong bread that doesn't actually satisfy us. Dave mentioned worry as an example of this. Think about a typical source of worry for you. When you worry about it, what are you actually

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eating? What are you looking to for satisfaction? What might change if you focused on feeding on Jesus?

6. It's hard to believe in Jesus. It was hard for the crowds back then, who walked away when they heard this message from Jesus. And it's hard now. What kind of crowd can you find yourself in that makes it hard to believe? How do you need to fight for this kind of deep, soul-satisfying belief in Jesus?
7. A key way for us to feed on Jesus is to feed on God's Word that points to Jesus. That means reading Scripture, and even more, meditating on it. Meditating means turning biblical truths and thoughts into prayer.
 - a. We're going to try reading and praying the Bible together. This will probably be new for a lot of us, so we'll be low-key. There's no pressure here how we do it. It's just a way for us to practice and apply taking Jesus into the heart of who we are, really trusting him and being satisfied with him.
 - b. So let's read John 6:43–51. One of us can read it aloud, and then we'll take some time to pray it back to God. You can just use simple, short prayers. "You are" prayers are great. Tell back to God who he is. Or ask God to bring these truths home in our lives.